

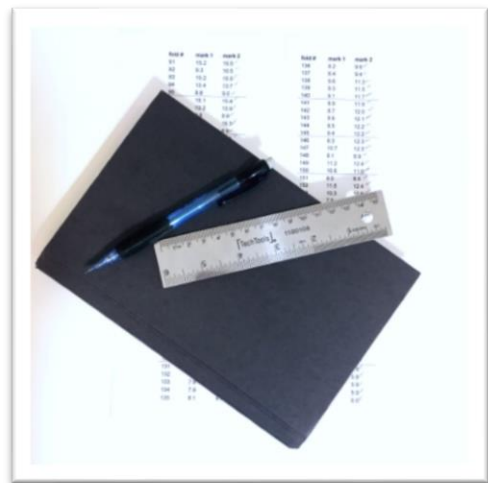
Trestleglen Treasures

Pattern Folding instructions

Step 1: Collecting the Materials Needed

For you to be able to create folded book art you will need a few things:

- A hardcovered book without pictures or color on the pages. Paperbacks books don't work for these book folds
- A ruler in centimeters, as these patterns are displayed in centimeters
- And of course a pencil to mark the pages.



Step 2: Centering Your Pattern in the Book

For this heart pattern we need to mark and fold 67 sheets of paper.

All patterns tell you how many 'leaves' or foldable pages they need. For example, this heart pattern has 67 folds and requires a book with at least 134 numbered pages. I recommend you have a few extra pages when you start book folding just in case you make errors.

You want your pattern centered and have an equal amount of left over pages.

Check the numbered pages and write it down. My book has 308 numbered Pages.

Now Count the number of un-numbered pages from the front and back and write it down. My book has 0 un- numbered pages in front and 5 un-numbered pages in the back

308 pages divided by 2 will give you the total of folds possible.

308 divided by 2 = 154 (My pattern needs 134 folds)

$$154 - 134 = 20$$

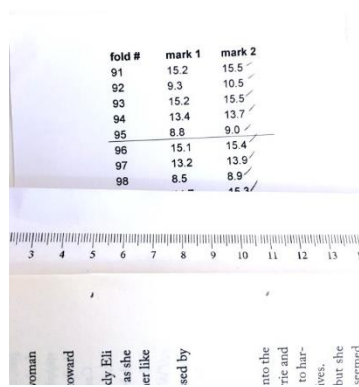
$$20 + \text{my 5 un-numbered pages} = 25$$

$$25 \text{ divided by } 2 = 12.5 \text{ round up to } 13$$

This means I need to count 13 pages in (Not page 13, but 13 pieces of paper)

Step 3: Marking the Pages

Take the book in front of you as if you were going to read it with the title on the front. Place your right hand on the right side of the book and turn the book anti-clockwise so that the title is now on the left and the spine is closest to you.



On my pattern, you will see two measurements. Open the book and place the ruler measurement '0' neatly on the edge of the left side of the page (where the title would be if it was the front cover) and mark the first measurement (TOP).

The measurements are in C.M. Keeping the ruler in the same place, mark the second measurement (BOTTOM).

For example, if you have a 10cm and a 18 cm, you should have dots or marks where those measurements are, measured from the left of the page.

fold # mark 1 mark 2

1 8.4 9.2

2 7.7 9.9 67 folds

3 7.3 10.3 21cm book

4 7.1 10.6

5 6.8 10.8

6 6.7 11

7	6.5	11.1
8	6.4	11.3
9	6.3	11.4
10	6.2	11.6
11	6.1	11.7
12	6.0	11.8
13	6.0	11.9
14	5.9	12
15	5.9	12.2
16	5.8	12.3
17	5.8	12.4
18	5.8	12.6
19	5.8	12.7
20	5.8	12.8
21	5.8	12.9
22	5.9	13
23	5.9	13.2
24	5.9	13.4
25	6	13.5



26 6.1 13.7

27 6.2 13.8

28 6.3 14.1

29 6.4 14.2

30 6.5 14.5

31 6.7 14.7

32 6.9 15

33 7.1 15.2

34 7.3 15.4

35 7.2 15.3

36 6.9 15

37 6.7 14.8

38 6.5 14.5

39 6.4 14.3

40 6.3 14.1

41 6.2 13.9

42 6.1 13.7

43 6 13.6

44 6 13.4

45	5.9	13.2
46	5.9	13.1
47	5.8	13
48	5.8	12.8
49	5.8	12.7
50	5.8	12.6
51	5.8	12.4
52	5.8	12.3
53	5.9	12.2
54	5.9	12.1
55	5.9	11.9
56	6.0	11.8
57	6.1	11.7
58	6.2	11.6
59	6.2	11.5
60	6.3	11.3
61	6.5	11.2
62	6.6	11
63	6.8	10.9
64	7.0	10.6

65 7.3 10.4

66 7.6 10

67 8.1 9.6

Step 4: Folding the Pages

Once you have marked the entire pattern, start at the beginning and start to fold the pattern you have marked. You are aiming to fold a 90-degree angle on each fold.

Some people use a ruler to get a straight angle, and others use the page lines to confirm they are folding straight. If you find your pattern does not sit well, you may not have folded straight.

Try to fold as neatly as possible. You can use a folding instrument like a folding bone to get crisp neater folds just be sure not to press too hard because you will curl the page.

Happy Folding!

To purchase completed book folds and patterns go to www.trestleglentreasures.com

